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Education:

Charles University, Prague, CZ
First Faculty of Medicine
MD, General Medicine 2017

Texas Woman's University, Denton, TX
B.S, Biochemistry 2010

Experience:

- 3/2020 – Present Clinical Researcher
TrueNorth Health Foundation, Santa Rosa CA, USA
- 1/2016 – 5/2017 Medical Research Assistant
Laboratory of Dr. Jiri Hrdy
*Institute of Immunology and Microbiology, First Faculty of Medicine,
Prague, Czech Republic*
- 6/2010 – 8/2010 Undergraduate Research Assistant
Laboratory of Dr. David Mitchell
*UT MD Anderson Cancer Center, Summer Undergraduate Research
Program, Houston TX, USA*
- 1/2009 – 12/2010 Undergraduate Research Assistant
Laboratory of Dr. Richard Sheardy,
Texas Woman's University Chemistry Department, Denton TX, USA

Teaching

- 3/2020 – Present Lecturer and Intern Education
TrueNorth Health Center, Santa Rosa CA, USA
- 1/2009 – 12/2010 Tutor
*Science Learning Resource Center, Chemistry Department Texas
Woman's University, Denton TX, USA*

1/2009 – 12/2010 Teaching Assistant
Chemistry Department Texas Woman's University, Denton TX, USA

Publications

Bonjour M, Gabriel S, Goldhamer AC, Valencia A, Myers TR. Challenging Case in Clinical Practice: Prolonged Water-only Fasting Followed by an Exclusively Whole-Plant-Food Diet in the Management of Severe Plaque Psoriasis. *Alternative and Complementary Therapies*. Accepted for Publication April 2022

Bonjour M, Gabriel S, Goldhamer AC, Myers TR. Medically Supervised Water-Only Fasting Followed by a Whole-Plant-Food Diet Reduces Visceral Adipose Tissue. *International Journal of Disease Reversal and Prevention*. 2021; 3(2). doi: 10.22230/ijdrp.2021v3n2a267.

Tucker, Brenna A., Sahmla Gabriel, and Richard D. Sheardy. "A CD Spectroscopic Investigation of Intermolecular and Intramolecular DNA Quadruplexes." *Frontiers in Nucleic Acids*. American Chemical Society, 2011. 51-67.